



**Estero Bay R U Ok?**  
**Serving Cayucos, Los Osos, and Morro Bay**

Los Osos Cares in partnership with Dignity Health Community Services is launching a new program to assist the needs of our Estero Bay Communities seniors.

- We will be accepting phone calls from seniors to see if they need services or resources.
- Connect them to resources which can provide services from our roster of partner agencies and organizations.
- We will fill out some basic information and we'll do our best to accommodate the request.

We hope that this will bring hope to those sheltered at home during this pandemic and a connection to our isolated seniors.

Email: [wecareinlosos@gmail.com](mailto:wecareinlosos@gmail.com) website: [www.lososocares.com](http://www.lososocares.com) Facebook: [www.facebook.com/LOCCRC](https://www.facebook.com/LOCCRC)

Cayucos: (805)471-7096    Los Osos: (805)471-7118 (English & Spanish)    Morro Bay: (805)471-7129