

“Post Pandemic” Estero Bay Senior Questionnaire 2020

Due to COVID our lifestyles have changed dramatically! Los Osos Cares would like, to better serve your needs. If you complete this questionnaire it will let us know in which specific ways we can help. You may mail the questionnaire to Los Osos Cares, PO BOX 6602, Los Osos CA 93412. Also, you may email it to: locseniors@gmail.com If you have any questions call 805-592-2701

Return the questionnaire by October, 30, 2020.

Your age (circle one): 55-65; 66-75; 76-85; 86+

Language: English Spanish Other_____

Where do you live? *Please circle* **Cayucos** **Morro Bay** **Los Osos**

What services/programs do you currently use? (Example Morro Bay Senior Center, Meals that Connect, Community Dinners, Los Osos Cares Community Resource Center, City of Morro Bay Community Resource Connections, Cayucos Senior Center, Food Distributions sites.)

What would make your life better? Circle as many that apply
(Please comment about specific needs at end of questionnaire)

Transportation Services	Home Repair
Housing	Caregiving
Food	Clothing
Exercise classes	Computer & Smart Phone Training
Support Groups	Legal assistance
Medical Needs (dental, vision, etc.)	Mental health/counseling
Education	Social Activities
Insurance needs health, life, etc.)	Health/Wellness Classes
Other_____	

Where do you go for daily news? T.V ___ newspaper ___ radio ___ internet ___ all ___

Housing Situation Rent ___ Own ___ Homeless ___ Displaced ___

Do you have an emergency contact person? Yes No

Are you a veteran? Yes No

Are you a spouse of a veteran? Yes No

Are you disabled? Yes No

Are you able to use internet? Yes No

Any comments or Specific Needs: